

1 July 2022

Board Update

Third Age Health Services Limited (NZX: TAH), pursuant to NZX Listing Rule 3.20.1(a), advises that the Board has today accepted the resignation of Diane Budres as a Director. Diane is presently in Canada and dealing with health issues. Diane's resignation is effective from 19 July 2022, at the close of the AGM.

Diane has served on the board of Third Age Health since 14 September 2021. Diane has brought a significant amount of experience and knowledge on older people's health, plus mergers and acquisitions experience, qualities we were excited to have on the Board. While we are disappointed, we acknowledge that the right decision is to prioritise her health.

Third Age Health Chair Bevan Walsh said for the board, "We are grateful to Diane for her longstanding enthusiasm for Third Age Health and thank her for the time and dedication she has given to the board to serve shareholders, despite being effectively stuck out of the country and given her health issues we have seen her go through.

We wish Diane all the best and thank her for her devoted service."

Authorised for issue by: Bevan Walsh Chair

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About Third Age Health

Third Age Health is the leader in providing quality health care services for older people including those living in retirement villages, private hospitals, secure dementia units as well as in communities across New Zealand. A dedicated Third Age Health clinical team provides onsite clinics, rostered rounds and after hours on-call healthcare services aimed at supporting the health and wellbeing of older people to improve quality of life. As well as providing clinical services for over 50 aged care facilities throughout New Zealand, Third Age Health owns several general practices providing primary healthcare to their local community. www.thirdagehealth.co.nz