

Section 1: Issuer information	
Name of issuer	Third Age Health Services Limited (the Company)
NZX ticker code	TAH
Class of financial product	Ordinary shares
ISIN (If unknown, check on NZX website)	NZTAHE0001S0
Currency	NZD

Section 2: Capital change details	
Number issued	2,786
Nominal value (if any)	N/A
Issue price per security	\$1.7900
Nature of the payment (for example, cash or other consideration)	Paid in lieu of a cash dividend
Amount paid up (if not in full)	Paid in full
Percentage of total class of Financial Products issued (calculated on the number of Financial Products of the Class, excluding any Treasury Stock, in existence) ¹	0.028%
For an issue of Convertible Financial Products or Options, the principal terms of Conversion (for example the Conversion price and Conversion date and the ranking of the Financial Product in relation to other Classes of Financial Product) or the Option (for example, the exercise price and exercise date)	N/A
Reason for issue and specific authority for issue (the reason for change must be identified here)	The shares are issued to shareholders who opted to join the Dividend Reinvestment Plan (the Plan), issued 19 May 2022. The number of shares to be issued is based on the net dividend payable to the eligible shareholders and a price of \$1.79. The share price was calculated in accordance with the Plan, based on the weighted average sale price for the shares sold on the NZX Main Board on each of the first five business days following the dividend record date.
Total number of Financial Products of the Class after the issue (excluding Treasury Stock) and the total number of Financial Products of the Class held as Treasury Stock after the issue.	10,004,149
In the case of an acquisition of shares, whether those shares are to be held as treasury stock	N/A

¹ The percentage is to be calculated immediately before the issue, acquisition, redemption or Conversion.

Section 2: Capital change details	
Specific authority for the issue, including a reference to the rule pursuant to which the issue is made	Authorised by a resolution of Directors under listing rule 4.5.1.
Terms or details of the issue (for example: restrictions, escrow arrangements)	The shares will be credited as fully paid ordinary shares in the Company and will rank equally with the Company's existing Ordinary shares
Date of issue ²	16 December 2022
Section 3: Authority for this announcement and contact person	
Name of person authorised to make this announcement	Tony Wai
Contact person for this announcement	Neil Hopkins
Contact phone number	021 760 745
Contact email address	neil@thirdagehealth.co.nz
Date of release through MAP	16 December 2022

² Continuous issuers using this form in reliance on Rule 3.13.2, please indicate the period during which the relevant issue/acquisition/redemptions were made (for example, 1 January 2019 to 31 January 2019).