

Distribution Notice

Please note: all cash amounts in this form should be provided to 8 decimal places

Section 1: Issuer information					
Name of issuer	Third Age Health Services Limited				
Financial product name/description	Third Age Health Services Limited Ordinary Shares				
NZX ticker code	TAH				
ISIN (If unknown, check on NZX website)	NZTAHE0001S0				
Type of distribution (Please mark with an X in the relevant box/es)	Full Year		Quarterly		
	Half Year	Х	Special		
	DRP applies	Х			
Record date	6 December 2022				
Ex-Date (one business day before the Record Date)	5 December 2022				
Payment date (and allotment date for DRP)	16 December 2022				
Total monies associated with the distribution ¹	\$ 243,750				
Source of distribution (for example, retained earnings)	Retained earnings				
Currency	New Zealand Dollars				
Section 2: Distribution amounts per	financial prod	uct			
Gross distribution ²	\$0.03401963				
Gross taxable amount ³	\$0.03401963				
Total cash distribution ⁴	\$0.02449413				
Excluded amount (applicable to listed PIEs)	N/A				
Supplementary distribution amount	N/A				
Section 3: Imputation credits and Resident Withholding Tax ⁵					
Is the distribution imputed	Fully imputed				

¹ Continuous issuers should indicate that this is based on the number of units on issue at the date of the form

⁴ "Total cash distribution" is the cash distribution excluding imputation credits, per financial product, before the deduction of RWT. This should *include* any excluded amounts, where applicable to listed PIEs.

² "Gross distribution" is the total cash distribution plus the amount of imputation credits, per financial product, before the deduction of Resident Withholding Tax (**RWT**).

³ "Gross taxable amount" is the gross distribution minus any excluded income.

⁵ The imputation credits plus the RWT amount is 33% of the gross taxable amount for the purposes of this form. If the distribution is fully imputed the imputation credits will be 28% of the gross taxable amount with remaining 5% being RWT. This does not constitute advice as to whether or not RWT needs to be withheld.

If fully or partially imputed, please state imputation rate as % applied ⁶	28%				
Imputation tax credits per financial product	\$0.00952550				
Resident Withholding Tax per financial product	\$0.00170098				
Section 4: Distribution re-investment plan (if applicable)					
DRP % discount (if any)	Nil %				
Start date and end date for determining market price for DRP	7 December 2022 13 December 2022				
Date strike price to be announced (if not available at this time)	16 December 2022				
Specify source of financial products to be issued under DRP programme (new issue or to be bought on market)	New issue				
DRP strike price per financial product	To be confirmed				
Last date to submit a participation notice for this distribution in accordance with DRP participation terms	7 December 2022				
Secion 5: Authority for this announcement					
Name of person authorised to make this announcement	Tony Wai				
Contact person for this announcement	Tony Wai				
Contact phone number	021 739 199				
Contact email address	Tonyw@thirdagehealth.co.nz				
Date of release through MAP	28 November 2022				

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 $^{^{6}}$ Calculated as (imputation credits/gross taxable amount) x 100. Fully imputed dividends will be 28% as a % rate applied.