

Ongoing Disclosure Notice

Disclosure of Directors and Senior Managers Relevant Interests

Sections 297(2) and 298(2), Financial Markets Conduct Act 2013

To NZX Limited; and	
Name of listed issuer:	Third Age Health Services Limited
Date this disclosure made:	19 June 2023
Date of last disclosure:	01 March 2023
Director or senior manager giving disclosure	
Full name(s):	John Samuel Ronny Fernandes
Name of listed issuer:	Third Age Health Services Limited
Name of related body corporate (if applicable):	
Position held in listed issuer:	Chairman
Summary of acquisition or disposal of relevant interest (excluding specified derivative	res)
Class of affected quoted financial products:	Ordinary Shares
Nature of the affected relevant interest(s):	Revelant and beneficial interest
For that relevant interest-	
Number held in class before acquisition or disposal: Number held in class after acquisition or disposal:	237,328 254.430
Number field in class after acquisition of disposal.	(1) JSRF Limited: 137,328 ordinary shares;
Current registered holder(s):	(2) Brian Hazelton Walsh: 100,000 ordinary
	shares
	(1) JSRF Limited: 154,430 ordinary shares;
Registered holder(s) once transfers are registered:	(2) Brian Hazelton Walsh: 100,000 ordinary
	shares
Summary of acquisition or disposal of specified derivatives relevant interest (if applie	cable)
Type of affected derivative:	N/A
Class of underlying financial products:	N/A
Details of affected derivative-	
The notional value of the derivative (if any) or the notional amount of underlying financial	
products (if any):	N/A
A statement as to whether the derivative is cash settled or physically settled:	N/A
Maturity date of the derivative (if any):	N/A
Expiry date of the derivative(if any):	N/A
The price specified in the terms of the derivative (if any):	N/A
Any other details needed to understand how the amount of the consideration payable	
under the derivative or the value of the derivative is affected by the value of the	
underlying financial products:	N/A
For that derivative,-	_
Parties to the derivative:	N/A
If the director or senior manager is not a party to the derivative, the nature of the relevant interest in the derivative:	N/A

Details of transactions giving rise to acquisition or disposal	
Total number of transactions to which notice relates:	6
Details of transactions requiring disclosure-	
Date of transaction:	12th, 13th 15th and 16th June 2023
	On market purchase of 17,102 shares by
Nature of transaction: Name of any other party or parties to the transaction (if known):	JSRF Limited N/A
Indine of any other party of parties to the transaction (if known).	IN/A
The consideration, expressed in New Zealand dollars, paid or received for the acquisition or disposal. If the consideration was not in cash and cannot be readily by converted into a cash value, describe the consideration:	1,845 shares at \$1.44 per share; 8,155 shares at \$1.40 per share; 1,244 shares at \$1.36 per share; 858 shares at \$1.34 per share; 5,000 shares at \$1.33 per share
Number of financial products to which the transaction related:	17,102 ordinary shares
If the issuer has a financial products trading policy that prohibits directors or senior managers from trading during any period without written clearance (a closed period) include the following details—	
Whether relevant interests were acquired or disposed of during a closed period:	No
Whether prior written clearance was provided to allow the acquisition or disposal to proceed during the closed period:	N1/A
Date of the prior written clearance (if any):	N/A N.A
	TV.
Summary of other relevant interests after acquisition or disposal:	
Class of quoted financial products:	N/A
Nature of relevant interest:	N/A
For that relevant interest,-	
Number held in class:	N/A
Current registered holder(s):	N/A
For a derivative relevant interest,-	
Type of derivative:	N/A
Details of derivative,-	
The notional value of the derivative (if any) or the notional amount of underlying financial products (if any):	N/A
A statement as to whether the derivative is cash settled or physically settled:	N/A
Maturity date of the derivative (if any):	N/A
Expiry date of the derivative (if any):	N/A
The price's specified terms (if any):	N/A
Any other details needed to understand how the amount of the consideration payable under the derivative or the value of the derivative is affected by the value of the underlying financial products:	N/A
For that derivative relevant interest,-	
Parties to the derivative:	N/A
If the director or senior manager is not a party to the derivative, the nature of the relevant interest in the derivative:	N/A
Certification	
I, certify that, to the best of my knowledge and belief, the information contained in this disclosure is correct and that I am duly authorised to make this disclosure by all persons for whom it is made.	- Q _ A
Signature of director or officer:	J-Consoles
Date of signature:	19 June 2023