THIRD AGE HEALTH ANNOUNCES BOARD SUCCESSION PLAN

Today, Third Age Health Services has unveiled its planned board succession, set to occur in early December 2023.

Norah Barlow, who has served as a director since 2019, has announced her intention to step down at the end of this year. Ms. Barlow has been instrumental in the company's growth, serving as a strong advocate for Third Age Health's mission of providing exceptional care to older adults.

"Norah has been a critical part of our board," said John Fernandes, Chairman of the Board. "Her dedication and insights have been invaluable, and we are grateful for her service."

Reflecting on her tenure, Ms. Barlow said, "Serving on the board of Third Age Health Services has been a rewarding experience. I am proud of the progress we've made and the growth we've achieved."

Looking ahead, Third Age Health is delighted to announce that Steffan Crausaz will join its Board from December 2023. Mr. Crausaz is a seasoned healthcare leader with a track record of transforming and growing organisations in both private and government sectors.

Previously, he served as the CEO of Tamaki Health Group, a Private Equity/Founder Joint Venture with an extensive primary healthcare network with 1,200 employees and contractors. Under his leadership, Tamaki significantly boosted its operating profit and profit margin through a combination of organic growth in services, contracts, and M&A.

Prior to Tamaki, Mr. Crausaz led Pharmac, New Zealand's government agency for funding and assessing medicines, vaccines and medical devices, overseeing a budget of \$1bn. Pharmac saw considerable growth in its role and scope under his stewardship.

"As a trained pharmacist, Mr. Crausaz brings a unique blend of clinical experience and healthcare management to the board. His insights will be invaluable as Third Age Health continues to evolve its operating model." said John Fernandes

The Board is confident that following the implementation of this succession plan it will have the right blend of skills and experience to guide Third Age Health's growth and success, and it intends to maintain its present size of four directors.