

Section 1: Issuer information	
Name of issuer	Third Age Health Services Limited (the Company)
NZX ticker code	TAH
Class of financial product	Ordinary shares
ISIN (If unknown, check on NZX website)	NZTAHE0001S0
Currency	NZD

Section 2: Capital change details	
Number issued/acquired/redeemed	50,000 ordinary shares issued
Nominal value (if any)	N/A
Issue/acquisition/redemption price per security	\$1.5125
Nature of the payment (for example, cash or other consideration)	Cash
Amount paid up (if not in full)	Paid in full.
Percentage of total class of Financial Products issued/acquired/redeemed/ (calculated on the number of Financial Products of the Class, excluding any Treasury Stock, in existence) ¹	0.5%
For an issue of Convertible Financial Products or Options, the principal terms of Conversion (for example the Conversion price and Conversion date and the ranking of the Financial Product in relation to other Classes of Financial Product) or the Option (for example, the exercise price and exercise date)	N/A
Reason for issue/acquisition/redemption and specific authority for issue/acquisition/redemption/ (the reason for change must be identified here)	In March 2017, a participant was granted the options to acquire 50,000 ordinary shares at an agreed price of \$1.5125, based on the Board's assessment of the fair value of the company at the time. The shares have been held by the Third Age Health Services Limited Employee Share Purchase Plan Trust ("Trust") till such time that the participant paid for them in full. With the participant now having completed making full payment for shares the shares have been issued to the participant.
Total number of Financial Products of the Class after the	10,001,363 ordinary shares

¹ The percentage is to be calculated immediately before the issue, acquisition, redemption or Conversion.

Section 2: Capital change details	
issue/acquisition/redemption/Conversion (excluding Treasury Stock) and the total number of Financial Products of the Class held as Treasury Stock after the issue/acquisition/redemption.	No shares remain in the Trust.
In the case of an acquisition of shares, whether those shares are to be held as treasury stock	N/A
Specific authority for the issue, acquisition, or redemption, including a reference to the rule pursuant to which the issue, acquisition, or redemption is made	The Trustees of the Trust have approved the transfer of the shares.
Terms or details of the issue, acquisition, or redemption (for example: restrictions, escrow arrangements)	N/A
Date of issue/acquisition/redemption ²	8 December 2022
Section 3: Authority for this announcement and contact person	
Name of person authorised to make this announcement	Tony Wai
Contact person for this announcement	Neil Hopkins
Contact phone number	021 760 745
Contact email address	neil@thirdagehealth.co.nz
Date of release through MAP	9 December 2022

² Continuous issuers using this form in reliance on Rule 3.13.2, please indicate the period during which the relevant issue/acquisition/redemptions were made (for example, 1 January 2019 to 31 January 2019).