

30 June 2023

Director Nominations

Third Age Health Services Limited (NZX:TAH) advises Director nominations are now open, for the purposes of NZX Listing Rule 2.3.2 the closing date for Director nominations is 4.00 p.m. Monday, 17th July 2023.

Nominations may only be made by a shareholder entitled to attend and vote at the Annual Meeting and must be accompanied by the consent in writing of the nominated person.

Nominations must be addressed to the Chief Financial Officer via email to investors@thirdagehealth.co.nz or sent to Third Age Health's registered office, addressed to:

Chief Financial Officer
Third Age Health Services Limited
536 Kennedy Road
Greenmeadows

Details for the forthcoming AGM, to be held in August 2023, will be advised by Notice of Meeting.

Authorised for issue by: John Fernandes Chairman

For more information please contact:

Denice Bennett Chief Financial Officer – Third Age Health +64 21 765 303 deniceb@thirdagehealth.co.nz

About Third Age Health Third Age Health is the leader in providing quality health care services for older people including those living in retirement villages, private hospitals, secure dementia units as well as in communities across New Zealand. A dedicated Third Age Health clinical team provides onsite clinics, rostered rounds and after hours on-call healthcare services aimed at supporting the health and wellbeing of older people to improve quality of life. As well as providing clinical services for over 50 aged care facilities throughout New Zealand, Third Age Health owns several general practices providing primary healthcare to their local community.

www.thirdagehealth.co.nz