



21 October 2022

NZX/ASX Code: MFB

FY23 HALF YEAR RESULTS – INVESTOR BRIEFING DETAILS

As previously advised, My Food Bag Group Limited (My Food Bag) will release its half year results to 30 September 2022 prior to the market opening on Friday, 18 November 2022. Investors and analysts are invited to attend a conference call results briefing at 11.00am (9.00am AEDT) on 18 November 2022, where management will discuss My Food Bag's half year results for FY23. If you would like to join the briefing, please register at <https://s1.c-conf.com/diamondpass/10026351-fu75y2.html> following which you will be provided with dial-in details. We ask that you please complete your registration and dial into the conference call five minutes before the scheduled start.

Authorised by:

Mark Winter, interim CEO

Ends

For investor or analyst queries, please contact:

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